

UNIQUEPOSTURALSOLUTIONS

Chiropractic Centre

Ergo Mesh 24 Hour Office Chair

High Back Mesh Backrest

The lower and upper back area are supported by this high backrest to minimise strain on the supporting muscles encouraging the body to adopt and maintain posture whilst seated. This eases the strain in the spinal, shoulder and neck muscles reducing stress. This also helps to reduce the risk of RSI injuries.

Adjustable Lumbar Support Pad

The height and depth of the lumbar pad can be adjusted to deliver the level of support required. This ensures that it is in the correct position for optimal support. It helps reduce strain and increase comfort in users with pre-existing conditions, ultimately cutting down on lower back injuries.

Generous Moulded Seat Pad

The supportive seat cushion is shaped to help keep the pelvis in the correct position. This delivers improved posture in the lower back and relieves pressure on the discs, ligaments and muscles. The waterfall front to the seat pad improves comfort and circulation to the lower limbs, serving to reduce the risk of deep vein thrombosis.

Synchronous Tilt Mechanism

One of the best ways to avoid stiffness is to keep the body moving. The synchronous tilt mechanism allows the user to stay motion while sitting at their desk. Movement keeps the blood pumping to the muscles in the lower back, pelvis and hips, as well as activating different muscle groups to reduce stress on the lumbar spine. The body's natural circulatory system is activated by motion, promoting better circulation in the legs reducing the risk of deep vein thrombosis. The chair can be locked in various positions enabling the sitter to adopt alternative postures for different tasks, further reducing stress on the spine and supporting the body.

Tilting Tension Weight Control

This sets the resistance of the rate of recline to the body weight of the user. It works alongside the synchronous mechanism to keep support in place as the user moves back and forwards and leans in and out of the chair's backrest

Height and Tilt Adjustable Headrest

Offers support to the head and neck for more comfortable head position. The headrest helps to minimise stress on the neck and shoulders lowering the incidences of headaches, migraines, and shoulder discomfort.

Height and Width Adjustable Arms

Height and width adjustable armrests improve support for the arms and shoulders, help reduce load on the neck and shoulders, and help reduce upper limb conditions such as tennis elbow and shoulder tendinitis.